



## Exercise Classes

A nice cup of tea to round off a work out. Adele hosts a great 'Chair Based' exercise class. If you know anybody who would like to join please contact us. Classes run every Tuesday and last an hour –

- New Mills 10 and 11.30am
- Hayfield 3pm

## Repair Cafe

A big thank you to all our talented volunteers who have been helping out at the Repair Cafe, it has proved very popular. The next Cafe date is scheduled for 30<sup>th</sup> November 9.30 – 12.30 at the Centre.

## BURNS NIGHT

We are delighted to confirm that Burns Night celebrations are back! **Saturday 25th of January** is the date, 7pm at St Georges Parish Hall, New Mills. The ticket price is an amazing £15 for a full Burns Supper, bagpipes, choir, poetry and of course Scottish dancing. A great evening full of fun and laughter. Tickets are available in advance from NMVC.



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## Our new Centre Manager

Welcome to Beverley Jenkinson.

Originally from Lancashire, Beverley has previous managerial experience in a Carer's charity and practised as a Solicitor for over 16 years.



*"I am really excited to be joining such a wonderful organisation and having previously volunteered here I have seen the huge impact the Centre has on local people who are in need. I relocated back up North in May and was looking for a new challenge away from the law – one where I could really help people. The centre is all about enabling volunteers to help those who are vulnerable whether it be through age, disability or being socially isolated.*

*The Centre is quite clearly a lifeline for some and it enables people to remain independent and supported whilst feeling connected. It has been incredibly heart warming to hear of so many positive stories and whilst we are encountering challenging times the spirit and determination of people to help others really does prevail."*

**beverley@nmvc.org**

## NEW Companion Connectors

### Wednesday is Shopping Day

We have gratefully received funding from High Peak Community Grants to provide minibus transport for a weekly supermarket trip. The new service is aimed at people who find it difficult to use public transport, for example due to mobility, confidence and / or companionship...

The new service will offer local pick up points, take you to a supermarket, give you 2 hours to shop, have a cuppa and return you safely home. **Volunteer Shopping Companions** will also be available and our drivers can help with your grocery bags. A great way to make new friends and offer an all important weekly shopping excursion.



### Help - Online Shopping

For those unable to make a shopping trip we will shortly be offering the services of a volunteer shopper to do home visits and help set up online shopping. Further helping isolated individuals,

## HOW TO HELP US - EASYFUNDRAISING

Do you shop online? Did you realise that you can access over 2000 top retailers at [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk) and New Mills and District Volunteer Centre will receive a donation of up to 15% of what you spend at no additional cost to you? Please register now and nominate us as your chosen charity!



## Decorations Galore!

The Handicraft Group and knitting volunteers have been extremely busy and created some lovely festive decorations, pop in and purchase at the Centre.....

## Minutes Secretary

We have a vacancy for a Minutes Secretary. Main purpose of the role is to take minutes at the regular NMVC Trustee meetings (which are held approximately every 6 weeks on Thursday evenings from 7-9pm) and also the yearly AGM (July). If interested please email [beverley@nmvc.org](mailto:beverley@nmvc.org)

## BOOK CLUB



Calling all book worms..... In January we will be launching a Book Club for our volunteers. If you would like to help with the organising please get in touch with Hannah or Lorna. We will be emailing you shortly with the first date. Book Club (and a cheeky glass of wine!) to be held in the evening, at the Centre, once a month.



## 'How & Who' to get in touch with

The Centre is staffed by a volunteer Receptionist every day and they expertly signpost all enquiries to the correct people and/or organisation. By doing this they make a huge contribution to our clients, volunteers and visitors experience, when asking for help and advice. We have over 1000 contacts every month via telephone, email, walk-ins and through social media.

Web - [www.nmvc.org](http://www.nmvc.org) / Twitter - @NMandDVC / Facebook - @nmvcorg

### Just as an update this is who does what at NMVC

- Beverley Jenkinson – Centre Manager
- Hannah Kitson – Transport private & group hire, shoparound
- Lorna Young – New volunteers, groups, DIY & gardening
- Adele Gould – Office Manager, exercise classes, IT & shopping
- Hilary West – Befriending, groups, reception
- Janet Goulding – Centre Caretaker



If you need anything just call us on 01663 744196

## Whats on with us at Xmas

Xmas Raffle – to be drawn on 18<sup>th</sup> December, get your tickets from us – Lots of prizes - £100, Xmas Hampers.....

- 29/11 Minibus trip to Chatsworth Xmas Market
- 2/12 Monday Friends Xmas at Heritage Centre
- 3/12 Stroke Group Xmas Lunch
- 6/12 Friday Lunch Club Xmas Lunch
- 11/12 Handicraft Xmas Party
- 18/12 Volunteers Thank You Xmas Party

## XMAS OPENING HOURS

The Centre will be closed for the Christmas period from 12 noon on 24<sup>th</sup> December and will reopen at 10 am on Thursday 2<sup>nd</sup> of January 2020.

We would like to take this opportunity to wish you all a Merry Xmas.

## Just Wow

Giving your time to volunteer to help others comes in all shapes and sizes and here at NMVC we welcome and give thanks to all varieties of help and time that you can give.

This year one of our volunteers has shown incredible effort and spirit and raised over £1000 for the Centre. She volunteers and leads a number of different charities and we are very lucky to be counted as one of her 'groups'. Once a week she holds the fort at reception, knits items for our shop window, hosts dinner parties, helps out at all our fund raising events and generally works tirelessly to help raise funds to help people in need within our community.

*Thank you Jean*



### XMAS PARTY INVITE

All our Volunteers, Staff & Trustees are invited to the 'Thank You Party' on the 18<sup>th</sup> of December. We would love you to come and join us for mulled wine, mince pies and Xmas cheer from 1pm.

**Social Groups** – we meet on Mon/Tue/Wed and Friday for Lunch Group - contact us for further info