



CREAM TEA

Rob & Pat Williams are very kindly opening their garden and serving 'Cream Tea' on Saturday 13th July from 2-4pm. Come along and enjoy an afternoon out with us. You can either walk over – meet at NMVC Centre at 1pm – or go directly. The address of this beautiful location is 18 Green Acre, Station Road, Furness Vale, SK23 7QE.

GARDEN SALE

Thank you to all our Volunteers and people who donated items for this event. Jen, Tony & Jenny masterminded the day, which proved to be a huge success and raised over £1,000 for the Volunteer Centre.

ANNUAL RACING Hare & Hound Low Leighton

A very enjoyable afternoon at the races. We are proposing to hold this event annual on the Sunday after New Mills Carnival.



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Monday Friends Group



'Dementia Friends' is an Alzheimer's initiative which aims to give people a better understanding of dementia and the small things we can all do to make a difference to the lives of people affected by it.

On Monday 1st July, we hosted a Dementia Friends Information Session at New Mills & District Volunteer Centre. The session was led by a volunteer Dementia Friends Champion.

This has helped us make changes to our Monday Group, now called '**Monday Friends**'.

- 1st Monday – Cinema Classics
- 2nd Monday – Memory Café with games
- 3rd Monday – Singing for the Brain
- 4th Monday – Chairbased Exercise

The Group runs from the Centre 1.30 – 3.30pm
Attendance is £2.50, Transport £1.50

FRIDAY LUNCH CLUB

Lunch is on the menu every Friday at NMVC.

The Friday Lunch Club was started to provide a perfect forum for people to meet and develop new friendships over the love of food. The group – which sees up to 20 regular diners a week - is open to men; people who are cared for, and their carers, with the objective to offer a regular weekly gathering for lunch and a chat.



Lorna Young, Group organiser said: "We have seen lovely friendships develop, general well-being and confidence improve and the group is also very welcoming of newcomers. We are very lucky to have a new Volunteer, Carol Brown, who now helps me prepare the menu plan and cook lunch. But best of all I enjoy sitting with everybody and catching up on what they have been up to during the week – it really makes my day".

LOTTERY UPDATE

If you haven't joined our Monthly Lottery Draw – time to get on board. We have over 140 tickets sold every month, 50% is prize money. If you would like an Application Form please email lorna@nmvc.org or pick one up from reception.

PEOPLE NEWS

AGM 2019

A full house for this years AGM. We would like to welcome Kevin Scott to the position of Chair and Dorothy Scapens as Vice Chair. They have both worked tirelessly as Trustees for the Centre, so we look forward to following their future leadership.

We would also like to thank Ann Hallam, who has done amazing work with Fund Raising and Board Matters as Vice Chair over the last year. We will miss you Ann but are very pleased to see you will still be Volunteering.

Everybody is very special, but recently at the Centre we lost a very much loved Volunteer. Pauline Gillespie passed away in April and had been a Volunteer Driver here forever.. She gave up her valuable time to help so many people in need, so we thank her and her family.

Sadly we say goodbye to **Sandra Oates** this month as she retired. Sandra has developed and worked with the Groups, Gardening, DIY & Volunteers Recruitment for the past 4 years. We musn't forget all the amazing knitting too.... She will be sorely missed, but we hope she will continue her great work as a community volunteer. Happy Travels xx



A Grand Day Out

A trip out with one of the Groups to see the Flower Festival at St Johns Church Hayfield, part of the Well Dressing Celebrations.



Befriending News

Hilary West has joined our team as the new Befriending Coordinator. Hilary has been busy out and about in her first few weeks meeting our volunteer befrienders. She will be working very closely with the new Home from Hospital Service contact, Fiona Stanier, who works out of Buxton. Many of our referrals come from people using this service. Hilary has a great deal of experience working with clients and volunteers in her role at Beechwood Cancer Care, Stockport.

Community Signposting

This new countryside initiative sees NMVC taking on a larger role, directing enquiries to the right services within the community. We will use our website to advertise local volunteering opportunities and charity initiatives. Our Receptionists are also seeing changes by directing visitors and logging all calls, ensuring that we meet our clients needs.



www.nmvc.org

Our website is a great source of up-to-date information about the centre and what we are up to - Take a peek!

Seaside Days Out

The mini bus is about to embark on some day trips to visit our beautiful west coast. Service users are invited to book a seat on the upcoming trips

26th July - Blackpool - £13



Sand, sun and bracing sea air! Have some Fish and Chips for lunch then walk it off on the 'Prom' or walk to the top of the Tower!

16th Aug - Llandudno - £13



A great day out in Llandudno. A good lunch and plenty of shopping, followed by a walk on The Great Orme is just the ticket!

Please call Hannah on 01663744196 to book

Events Listing

13 July	Cream Tea in Furness Vale 2 – 4pm
18 July	Haberdashery Sale 11 - 3pm at NMVC
16 Aug	Pop Up Beer Tap & BBQ Evening
27 Sept	Wine Tasting Evening – Pre booking only

Please call 01663744196 or visit reception event tickets

Social Groups meet on Mon/Tue/Wed and Friday for Lunch Group - contact us for further info