



New Mills & District Volunteer Centre

Statement on Volunteering Policy

1. Volunteers are people who, unpaid and of their free will, contribute their time, energy and skills to benefit people in the community.

2. Volunteering is voluntary
Something an individual **chooses** to do.
There is no duress or coercion.
Their time is freely given.

3. Volunteering is unpaid
There is no payment or expectation of payment.

This is readily distinguishable from reimbursement of expenses, which ensures that volunteers are not out of pocket as a consequence of their volunteering.

4. Every individual has a right to volunteer
Volunteering can be associated with a **Charitable or voluntary body**. It can also include involvement with **Statutory agencies, self-help and informal community groups**.

5. Volunteering includes action that effect **Social change**. It is not confined to the performance of a service for another.

VOLUNTEERING IS VOLUNTARY AND UNPAID.

Date

